



*Train Together, Win Together, Have FUN Together!*

## **BEECHES – More than just a swimming club**

### **Contents of the Membership pack:**

1. New Member Letter
2. Membership Form
3. Medical Form
4. Code of Conduct Swimmers
5. Code of Conduct Parents
6. ASA Cat 1 Membership form
7. Standing Order Form (Fees)
8. Standing Order Form (PBSSS 100 Club)
9. Available Swimming Sessions

All members must complete 2, 3, 4, 5, 6, 7 - 8 to be completed if you would like to support the club and hopefully win some money at the same time!

Please remember to bring/post the cash / cheque for the membership (to the club and to the asa) along with your completed paperwork. Cheques to be made payable to PBSSS.

You can return your paperwork and money to the club desk at Beeches, to Mandy (club secretary) or post to:

The Treasurer

Perry Beeches SSS Swimming Club

Beeches Pool

Great Barr

Birmingham

B42 2HQ

Thanks



***Train Together, Win Together, Have FUN Together!***

**Welcome New Member!**

You have chosen to join Perry Beeches SSS swimming club. We are a swim 21 accredited club, and all of our coaches and teachers are CRB checked. Our club aims are:

- To develop swimmers to their full potential, To provide a pathway for the swimmers to be part of National, District, County and City squads, Exposure to Top Level competitions and fundamentally the enjoyment, fun and social aspects of being part of a swimming club!

**The main thing is the enjoyment of swimming, whilst learning a skill for life.**

Please find enclosed the 'Membership Pack', which includes a Membership form, Medical form, Code of Conduct (for Swimmers (and Parents if appropriate)), Swimming Standing Order Form, ASA form, and a Standing order form for the PBSSS 100 club - £4 a month, three money prizes each month (half the money taken that month), with the other half of the money going towards the club. These need to be completed, and returned to the desk, along with the club/ASA membership (membership payable by cash or cheque).

The following fees are payable from 1<sup>st</sup> October 2012 onwards:

Session	Number of Sessions/week	Amount/month
Widths	1	£19
Widths (or 1 width plus 1 length)	2+	£26
Lengths	1	£24
Lengths	2	£31
Lengths	3+	£33
Seniors aged 17 and over	3+	£27

Parents are encouraged to pay their fees by standing order. Reduced rates apply for families with 3 or more children swimming – lowest fee when there are 3 children is reduced by 50%. Reduced rates for families with four children – fourth child swims free.

**Club Membership and ASA fees** – This is an annual charge for every swimmer. For width swimmers (and non competitive swimmers) The charge is £19.50 per swimmer. For length swimmers the charge is £46.50 per swimmer. This includes the ASA fees (which includes both regional and national ASA fees) and club membership. These fees apply from January 1<sup>st</sup> through to June 30<sup>th</sup>. From July 1<sup>st</sup> to September 30<sup>th</sup> these fees become £16 for width swimmers, and £37 for length swimmers. From 1<sup>st</sup> October all new joiners pay the fee for the following year, and then do not have to complete a new membership pack at the start of the next year. **Please bring this (either cash or cheque with your completed membership paperwork).**

If you have any queries or questions, please contact the Secretary via email [secretary@perrybeechesswimming.co.uk](mailto:secretary@perrybeechesswimming.co.uk) or call 07793 560698. Session times and pool locations may be found on our website:

[www.perrybeechesswimming.co.uk](http://www.perrybeechesswimming.co.uk)

Thank you!



<b>Perry Beeches Sutton Swim Squad Membership Application</b>	
<b>Name:</b>	
<b>Address:</b>	<b>Swimmers Phone (if 18+ age):</b>  <b>Swimmers Email (if 18+ age):</b>
<b>Date of Birth:</b>	<b>Gender:</b> Male / Female
<b>Disabled category:</b>	<b>Ethnic origin:</b> <i>(Self-description)</i>
<b>Contact in case of emergency</b> <b>Name:</b> <b>Address:</b>	<b>Tel No (Home):</b>  <b>Tel No (Mobile):</b>  <b>Email:</b>
<b>Relationship:</b>	
<b>2<sup>nd</sup> Contact in case of emergency</b> <b>Name:</b> <b>Address:</b>	<b>Tel No:</b>  <b>Tel No:</b>
<b>Relationship:</b> <u><i>Should be someone other than parent or guardian if possible</i></u>	
<b>Name of any siblings already members of PBSSS</b>	
<b>Name of swimmers school (where applicable)</b>	
<b>Declarable medication:</b>	<b>Category of membership:</b>  Swimming Coach/Teacher/Official Administrator Social/Associate
<b>Allergies:</b>	
<b>Ability:</b> New to Swimming / Club / County / Regional / National	
<b>Name of <u>school</u> swimmer attends (if applicable)</b>	
<b>Name of any other club of which the swimmer is a member</b>	
<b>I consent to the above information being sent to the Amateur Swimming Association.</b>	
<b>Swimmer recommended to the club by:</b> <i>(Enter Name of PBSSS Club Member)</i>	

**Declarations**

Please read carefully before signing overleaf.

**Application.**

I apply for membership of Perry Beeches SSS Swimming Club and agree to adhere to the club Code of Conduct and the asa Code of Ethics (see notice board and website)

**Rules of the club.**

I acknowledge receipt of the rules of Perry Beeches SSS Swimming Club and confirm my understanding and acceptance that these rules (as amended from time to time) shall govern my membership of the Club. I further acknowledge and accept the responsibilities of membership upon members as set out in those rules.

**Accuracy of information.**

I confirm that to the best of my knowledge the information given in this form is complete and accurate and I undertake to keep the Club informed of any changes.

**Consent to activities.**

I am aware of the type of activities likely to be undertaken and consent to my child taking part. I acknowledge that the club will only be liable in the event of an accident if they have failed to take reasonable steps in their duty of care for my child. I understand that the club officials have a common law duty to act in the capacity of a reasonable parent.

**Data Protection Notice.**

The information entered on this form and any other data collected during the period of membership will be used by the officers of the Club for the purposes of processing your application and dealing with you as a member. We may also share the information with the asa and event organisers for registration, entry and statistical purposes but we will not disclose it to any third party for marketing or commercial purposes without your permission.

**Consent to photography.**

Perry Beeches SSS Swimming Club recognises the need to protect the welfare and safety of all young people in sport. In accordance with our Child Protection Policy we do not permit video or other images of young people to be taken without the consent of parents / carers and children. The club will take all steps to ensure any images taken are used solely for the purposes they are intended. If you have any concern over the use of any image you should inform the club immediately. Images may be used as a celebration of achievement or for promotional use by the club and may appear in newspapers, on the club website or for educational purposes (video footage). In addition to photographs results may be published from competitive swimming events which may include swimmers name and date of birth.

Please tick here if you DO NOT wish your details / images to be used as described above:

Signed

Date

Signed

Date

Parent/Carer (if under 18 years)

What are your qualifications:

Would you be prepared to become a volunteer helper  Yes / No

Please return to Club / Membership Secretary

Name: Membership Secretary  
 Address: Perry Beeches Sutton Swim Squad  
 c/o Beeches Pool and Fitness Centre  
 Beeches Road  
 Great Barr  
 Birmingham  
 B42 2HQ

Or via the club secretary, Mandy Blizard.



# BEECHES Swimming Club - Medical Information Form

Swimmers Name	Date of Birth

To be completed by members 18 years or over, or by parents / guardians / carers of swimmers under 18 years of age. Please delete Yes or No as appropriate and complete further details as necessary.

Do you (or does your child) have any specific medical conditions requiring medical treatment and / or medication? Yes / No	If Yes, please give details
Do you (or does your child) have any allergies? Yes / No	If Yes, please give details
Do you (or does your child) take any regular medication? Yes / No	If Yes, please give details
Any other relevant information (including does your child wear glasses, or have any other condition that the coach needs to be made aware of)	

I understand that, in compliance with the Data Protection Act 1998, all efforts will be made to ensure that this information is accurate, kept up to date and secure and that it is only used in connection with the purpose and activities of the club. Information will not be kept once a person is no longer a member of the club. The information will be disclosed only to those members of the club for whom it is appropriate and relevant officers of the Amateur Swimming Association or British Swimming.

Signed (Swimmer): \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian/Carer (if the swimmer is under 18 years of age):

For Parents/Guardians/Cares of Swimmers under 18 years - It may be essential at some time for the Club Coach or Team Manager accompanying your son/daughter to have necessary authority to obtain treatment which may be required whilst at a competition with BEECHES (PBSSS) swimming club. Would you therefore

I, \_\_\_\_\_ being the parent/guardian/carer of the above named child hereby give permission for the Coach or Team Manager to give the immediately necessary authority on my behalf for any medical or surgical treatment recommended by competent medical authorities, where it would be contrary to my son/daughter's interest, in the doctors medical opinion, for any delay to be incurred by seeking personal consent.

Signature of parent/guardian/carer:

Print Full Name:

Please return this form to the Membership Secretary, BEECHES (PBSSS) Swimming Club - Thank you.



## PBSSS Code of Conduct for Swimmers

### General behaviour

1. Treat all members of and persons associated with the ASA with due dignity and respect.
2. Treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, ethnic origin or nationality.
3. The use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
4. Display a high standard of behaviour at all times. Always report any poor behaviour by others to an appropriate club officer.
5. Recognise and celebrate the good performance and success of fellow club and team members.

### Swimming training

1. Treat your coach and fellow swimmers with respect.
2. Make your coach aware if you have difficulties in attending training sessions as laid down for your squad.
3. Arrive in good time on poolside before the training session starts to complete poolside warm up as directed by your coach.
4. If you arrive late report to your coach before entering the pool.
5. Ensure you have all your equipment with you, i.e. paddles; kick boards, hats, goggles etc.
6. If you need to leave the pool for any reason during training inform your coach before doing so.
7. Listen to what your coach is telling you at all times and obey instructions given.
8. Always swim to the wall as you do in a race, and practice turns as instructed.
9. Do not stop and stand in the lane, or obstruct others from completing their training.
10. Do not pull on the ropes as this may injure other swimmers.
11. Do not skip lengths or sets - you are only cheating yourself.
12. Think about what you are doing during training and if you have any problems discuss them with your coach at an appropriate time.
13. If you have any problems with the behaviour of fellow club members report them at the time to an appropriate adult.

### Competition

1. At competitions whether they be open meets, national events or club galas always behave in a manner that shows respect to both your club coach, officers and team mates and the members of all competing clubs.
2. You will be required to attend events and galas that the Chief Coach has entered / selected you for unless previously agreed otherwise with the relevant club official and coach.
3. You must wear appropriate swimwear, tracksuits, T shirts/shorts and hats as laid down by the club.
4. Report to your club coach and / or Team manager on arrival on poolside.
5. Warm-up before the event as directed by the coach in charge on that day and ensure you fully prepare yourself for the race.
6. Be Part of the Team. Stay with the Team on poolside. If you have to leave poolside for any reason inform and in some cases get the consent of the Team manager / coach before doing so.
7. After your race report to your coach for feedback.
8. Support your team mates. Everyone likes to be supported and they will be supporting you.
9. Swim down after the race, if possible again as advised by your coach. Your behaviour in the swim down facility must be appropriate and respectful to other users at all times.
10. Never leave an event until either the gala is complete or you have the explicit agreement of the club coach or team manager.

Signed:

Date:



## PBSSS Code of Conduct for Parents

### **Parents are expected to:**

1. Complete and return the Medical Information Form as requested by the club and detail any health conditions / concerns relevant to your child on the consent form. Any changes in the state of your child's health should be reported to the coach prior to coaching sessions. Ensure the club has up to date contact details for you and any alternative person.
2. Deliver and collect your child punctually to and from coaching sessions/swim meets. Please inform a member of the committee or coaching staff if there is an unavoidable problem. If the club changes your child's lane and changing times, please remember the change is to provide appropriate levels of training and enable your child to progress and should be facilitated and encouraged at all times.
3. Ensure your child is properly and adequately attired for the training session/events including all required equipment, i.e. hats, goggles etc.
4. Inform the Coach/Welfare Officer before a session if your child is to be collected early from a coaching session/meet and if so by whom.
5. Encourage your child to obey rules and teach them that they can only do their best.
6. Behave responsibly as a spectator at training / meets and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the ASA commitment to equality.
7. Ensure you do not use inappropriate language within the club environment.
8. Show appreciation and support your child and all the team members.
9. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the club coach / nutritionist.
10. Support the club coach and committee appropriately and raise any concerns you have in an appropriate manner. Details of the club Welfare Officer can be found on [complete as appropriate].
11. Do not enter poolside unless requested to do so or in an emergency. If you wish to have a discussion with the coach check with the club Welfare Officer how this can be arranged.
12. Most of all help your child enjoy the sport and achieve to the best of their ability.

### **The club will undertake to:**

1. Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him / her.
2. Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
3. Ensure all activities are properly supervised / taught / coached and consent is obtained for any activity outside of that previously agreed.

### **The parent has a right to:**

1. Make a complaint to the club if they feel the club or a member of the club is not acting appropriate to ASA / club rules and regulations. Details of how to do this can be obtained from the club Welfare Officer.
2. Make a complaint on behalf of their child to the ASA Office of Judicial Administration.

Signed:

Date:









## **BANK MANDATE – MONTHLY FEES - STANDING ORDER**

Please note that it is the account holder(s) responsibility to cancel or amend payment when necessary.

Please complete in BLOCK CAPITALS

### **To the Manager:**

Bank Name	
No. & street name	
Town	
City/County	
Post Code	
Telephone	

### **Account to be debited**

Account in the name of:

.....

Account no: .....

Sort code: .....

Reference (name of swimmer please): .....

### **Account to be credited**

**Perry Beeches Triple S Swimming Club  
Lloyds TSB  
9 Birmingham Road  
Sutton Coldfield B72 1QA**

**Account No: 03093730**

**Sort Code: 30-98-37**

I/we\* hereby authorise you to pay £ ..... on ...../...../..... and monthly thereafter until you receive further instruction from me/us\* and debit my/our\* account accordingly.

**PLEASE CANCEL PREVIOUS MANDATE WITH THE SAME REFERENCE NAME ON IN FAVOUR OF 'Perry Beeches Triple S Swimming Club – Account Number 03093730'**

\*delete as appropriate

Signature of account holder(s)

.....  
X-----

**This section to be retained by payee**

### **IMPORTANT INFORMATION REGARDING YOUR STANDING ORDER MANDATE**

- Only the payee can alter or cancel the Standing Order Mandate
- PBSSS has no authority to amend or cancel the Standing Order Mandate
- Payment must be made monthly regardless of attendance
- Should you wish to cancel your membership of the Club you must inform the Secretary, in writing, one month in advance and cancel your Standing Order Mandate
- No refunds will be made without written confirmation of resignation from the Club



100 Club



Perry Beeches Sutton Swim Squad

STANDING ORDER MANDATE

Bank Name		Account in the name of:-	
Address		Account Number:-	
Post code		Sort Code:-	- -

Please Pay	Bank	Branch	Sort Code
	<b>LLOYDS TSB</b>	<b>Sutton Coldfield</b>	<b>30-98-37</b>
For the credit of	Beneficiary's name		Account Number
	<b>PBSSS 100 Club</b>		<b>03114622</b>
The sum of	Regular amount in figures	Regular amount in words	
	£		
Commencing	Date and amount of first payment		Frequency
	01/ /	£	

Quoting the reference		Until you receive further notice from me/us in writing.
	<b>(Leave blank – to be completed the promoter)</b>	

This instruction cancels any previous order in favour of the beneficiary named above, under this reference

Signature (s) ..... Date .....

I, .....  
(Full name in block capitals)

of ..... (Full address in block capitals)

.....  
.....

Post Code .....

wish to apply for ..... number(s) (£4 each number) for the Perry Beeches Sutton Swim Squad 100 Club. I enclose a completed Standing Order Mandate for monthly payment. These instructions should continue until cancelled by me.

Signed ..... Date .....

Please return completed forms to the Club desk at Beeches Pool on Sunday afternoon, Monday or Wednesday nights, or post to: The Promoter, 30 Denholm Road, Sutton Coldfield, West Midlands B73 6PN. Any queries please email [finance@perrybeecheesswimming.co.uk](mailto:finance@perrybeecheesswimming.co.uk)

Thank you for your support

<b>Allocated Number(s):</b>
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### BEECHES SWIMMING SESSIONS

SUNDAY	Widths 1	Widths 2	Widths 3	Lengths	Lengths
14:00	Babes 1	Stage 1		Junior Lengths	Beginners Lengths
14:30	Babes 1/2	Stage 1-2			
15:00	Babes 1	Stage 2-3	Stage 0	Diddy Group	Masters
15:30	Babes 1/2	Stage 3	Stage 1		
16:00	Babes 0	Stage 4			
16:30	ASSESSMENTS			Seniors	
17:00					
17:30					

All Sessions at Beeches

MONDAY	Widths 1	Widths 2	Widths 3	Lengths B	Lengths B	Widths H	Lengths H
18:00	Stage 1-2	Stage 2-3	Stage 3-4	Junior Lengths	Beginners Lengths		
18:30	Stage 2-3	Stage 3-4	Stage 4-5	Lengths	Lengths		Mixed Junior
19:00						Widths	
19:30							
20:00							Seniors / Masters
20:30							

B = Beeches  
H = Handsworth

WEDNESDAY	Widths 1	Widths 2	Widths 3	Lengths	Lengths
18:00				Junior Lengths	Beginners Lengths
18:30	Stage 1-2	Stage 2-3	Stage 3-4	Diddy Group	Amaro Xtr
19:00	Stage 2-3	Stage 3-4	Stage 4-5		
19:30					Snr Land train
20:00					Masters and Seniors
20:30					
21:00					

All Sessions at Beeches

THURSDAY	Lengths	Lengths
18:30	Junior Lengths	Beginners Lengths
19:00	Lengths	Lengths
19:30	Seniors / Masters	
20:00		
20:30		

All Sessions at Handsworth

FRIDAY	Widths 1	Widths 2	Widths 3	Widths 4	Widths 5	Lengths	Lengths	Lengths
18:15	Stage 0	Stage 1	Stage 2	Stage 3	Stage 4			
18:45	Stage 1		Stage 2-3	Stage 3-4	Stage 4-5			
19:25						Beginners Lengths	Junior Lengths	Mixed Lengths
19:55								
20:25								

Erdington